



ABEL TASMAN
CYCLE CHALLENGE

NOVEMBER 18 - 2017

Race Briefing

Key Times - Registration

Friday 17 November

10:00am – 8:00pm – Registration/Event Pack Pickup –
Event HQ – Avery Field off Champion Road

Saturday 18 November

6:00am – 8:00am - Registration/Event Pack Pickup –
Event HQ – Avery Field off Champion Road

Start Times

Saturday 18 November

6:50am – Printhouse Solo rolling start (safety briefing 6:45)

7:15am – E-Bike / Tandem Start (safety brief 7:10am)

8:30am - ITM Silvan Super TT – MTB (safety brief 8:25am)

9:00am – Marahau Mission Start (safety brief 8:55am)

9:30am – Nifty 50 Start (safety brief 9:25am)

All Safety Briefings are held on or near the start line

General Information

- **Roads are open** – Be aware of traffic on the course
- Road Rules must be obeyed at all times - In particular – keep as far left as possible and **DO NOT** cross the centre line
- Fonterra will be operating which will mean there will be trucks on the course, please be extra careful approaching Brightwater

General Information

- When approaching intersections ensure that you are not riding on your aerobars
- If you are riding in a bunch do not ride on your aerobars
- Please do not discard rubbish or clothing on the course. Please stop at the Fluid Stations to discard of anything. Please note if you drop clothing this will not be returned after the event.

Bike Checks

- We will not be doing any bike checks before the event. You must make sure that your bike is in good working order before you start
- Your helmet must also be in good condition and not have any cracks, this is your responsibility to check this.

Timing

- Your transponder is on the seat post sticker.
- This needs to be placed on your seat post.
- It is important that you do not tamper with this or attempt to cut it or you will not receive an official time for the event.
- MTB Teams – you will need to tag at the change over but you will not need to change the transponder from one person to the next.

Course – **Printhouse Solo** – 155km

Roads are open – Be aware of traffic on the course

- The Solo course starts on Champion Road and finishes down the driveway by event HQ on Champion Road.
- There are markers every 10km so you will know how far you have travelled
- There are 5 fluid stations on the course. These will have Peak Fuel Sports Drink and Water.
- You will need to stop and refill your bottle at the fluid stations



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Course – **Marahau Mission** – 73km

Roads are open – Be aware of traffic on the course

- The Half course starts beside Brooklyn School on and finishes down the driveway by event HQ off Champion Road.
- There are markers every 10km so you will know how far you have travelled
- There are 2 fluid stations on the course.

Course – **Nifty50** – 47km

Roads are open – Be aware of traffic on the course

- The Nifty50 course starts at the Riwaka School and finishes down the driveway by event HQ off Champion Road.
- There are markers every 10km so you will know how far you have travelled
- There is 1 fluid station on this course.

Fluid Stations

There are fluid stations located around the course to help you stay hydrated

- Each station will have Water and Peak Fuel Sports Nutrition
- You will need to stop at the station to fill up your own bottle.
- The locations are shown on the following map.



CAUTION!
Steep
Downhill





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TOTAL DISTANCE: 155KM

START/FINISH: CHAMPION ROAD

Nifty50 Start

-  **STAGE 1: 33KM**
MODERATE
- STAGE 2: 49KM**
MODERATE
- STAGE 3: 26KM**
CHALLENGING
-  **STAGE 4: 47KM**
MODERATE



Marahau
Mission
Start



PERKFUEL



PERKFUEL



PERKFUEL



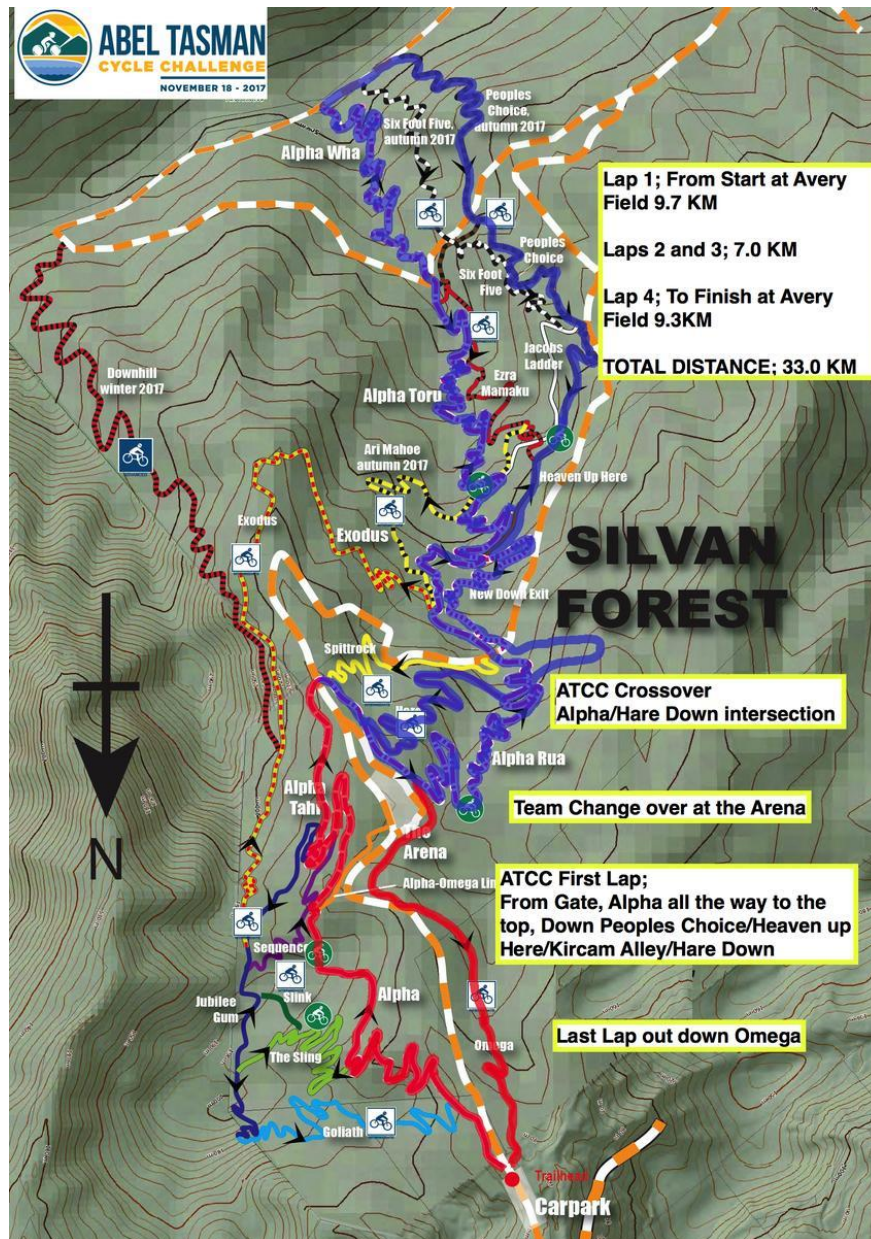
PERKFUEL



Solo Start

Course – **MTB** – 33km total

- All MTB Riders start on Champion Road Richmond.
- All Riders have their own timing chip
- All timing starts at Champion Road
- The road to and from Silvan Park is OPEN, you must obey all road rules until reaching the gates at Silvan Park.
- Caution! Trees are the biggest hazard and some are close to the track. Take extra care on the downhill decent.
- Be courteous to other riders. There are passing opportunities on the trail.
- Marshalls will record each lap (4 laps)
- There is 1 Fluid Station on the course at the Arena
- See Course Map



Other information

- No road closure – the road can be busy – be careful!
- Caution on the downhill section at Marahau and heading into Kaiteriteri. **It is very steep and you must not cross the centre line**
- In an emergency see one of the marshals or event team who will be able to assist you, or call 111
- If you withdraw you must immediately advise event personnel and return to the Event Headquarters

**Good Luck &
have a great
event!**



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